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Human Serum Alters the Metabolism and Antibiotic Susceptibility of Staphylococcus aureus

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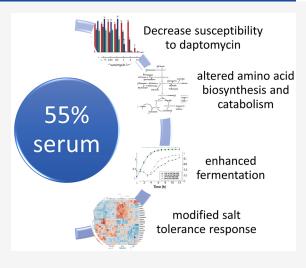
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ABSTRACT: Staphylococcus aureus is a common source of hospitalacquired bacterial infections, where the emergence of antibiotic resistance is a serious human health concern. Most investigations into S. aureus virulence and antibiotic resistance have relied on in vitro cultivation conditions and optimized media formulations. However, S. aureus can survive and adapt to a hostile host environment or antibiotic treatments by rapidly adjusting its metabolic activity. To assess this metabolic response, S. aureus strains susceptible and nonsusceptible to daptomycin were cultivated in medium supplemented with 55% serum to more closely approximate in vivo conditions. Growth analyses, MIC testing, and NMRbased metabolomics determined that serum decreased daptomycin susceptibility and altered metabolism in S. aureus. Both S. aureus strains exhibited altered amino acid biosynthesis and catabolism, enhanced fermentation, and a modified salt tolerance response. The observation that growth conditions defined an adaptive metabolic response to antibiotics by S. aureus may be a critical consideration for designing an effective drug discovery study.



KEYWORDS: Staphylococcus aureus, serum, antibiotics resistance, metabolomics, NMR

INTRODUCTION

Staphylococcus aureus is a prevalent pathogen capable of infecting any anatomical site. The pathogenic success of S. aureus is partly due to its large repertoire of adhesins, toxins, and immune evasion proteins and partly due to its resistance to antibiotics. The majority of studies on S. aureus virulence determinants were performed in whole, or in part, using in vitro cultivation conditions. Variations in in vitro cultivation conditions and media formulations can dramatically alter the elaboration of these virulence determinants and antibiotic resistance.^{1,2} Inherent within in vitro experiments is the recognition that they do not replicate in vivo conditions; however, this does not diminish the significance of these experiments in contributing to the understanding of S. aureus virulence. To advance in vitro studies and more closely approximate in vivo conditions, numerous studies have assessed the influence of serum and/or blood on staphylococcal virulence and/or virulence determinant synthesis.^{3,4} Fewer studies have assessed the effect(s) of serum and/or blood on staphylococcal survival and/or metabolism. 5,6 This latter point is important because all virulence determinants are dependent on metabolism for synthesis, most are regulated by the availability of nutrients, and antibiotic resistance is strongly influenced by nutrients. $^{7-9}$ For these reasons, it is critical to

understand how variations in cultivation media formulations and growth conditions perturb the bacterial metabolome.

Human serum is a complex mixture of nutrients, hormones, lipids, antibodies, and abundant proteins, but lacking the clotting factors found in plasma. One example of a protein found in serum is transferrin, an iron-binding protein that delivers iron to eukaryotic cells via receptor-mediated endocytosis. The transferrin family of proteins is important for controlling the availability of free iron, which minimizes the potential for deleterious free radical oxidative damage. A consequence of having iron-binding proteins in serum is that during a bacterial infection the level of free iron is below what is necessary to support robust bacterial growth. The effect of iron-limitation on bacterial growth is largely through the inactivation of redox-active enzymes that require iron for activity. 1,11 While the effects of iron-limitation on bacterial metabolism and growth are broadly known, far less is known

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about the cumulative effects of serum on bacterial metabolism and growth. To address this deficiency, the growth and metabolomics of two *S. aureus* strains (i.e., 616 and 703)¹² were assessed during cultivation with human serum.

MATERIALS AND METHODS

Media and Reagents

S. aureus strains were grown in tryptic soy broth (TSB) containing 0.25% dextrose (BD Biosciences), TSB without dextrose (TSB-DEX; BD Biosciences), or on TSB containing 1.5% agar (TSA). Human male AB pooled serum (AB Serum) was purchased from Sigma-Aldrich. Deuterium oxide (D₂O), 3-(trimethylsilyl)propionic-2,2,3,3-D₄ acid sodium salt (TMSP), and 13 C glucose were obtained from Cambridge Isotopes. Lysing matrix B tubes were obtained from MP biomedical.

Bacterial Strains and Cultivation Conditions

The University of Nebraska—Lincoln Institutional Biosafety committee approved the work conducted in this manuscript under Protocol ID #111. All experiments were conducted in accordance with Biosafety Level 2 precautions.

S. aureus strains 616 (Dap^S, daptomycin susceptible) and 703 (Dap^{NS}, daptomycin nonsusceptible) were described. 12 Analysis of AB serum revealed it contained 3.33 mM glucose; hence, S. aureus strains were cultivated in filter-sterilized TSB-DEX medium supplemented with either 3.33 mM glucose (TSB+DEX) or 55% AB serum. For 2D NMR experiments, all culture media were supplemented with an additional 3.33 mM ¹³C₆-glucose. Bacterial precultures were inoculated 1:100 from an overnight culture into TSB; incubated at 37 °C; aerated at 225 rpm, using a flask-to-medium ratio of 10:1; and grown for 2 h. These exponential growth phase precultures were centrifuged for 5 min at 5000 rpm (4272.5g) at 22 °C and suspended in 1-2 mL of medium. Primary cultures were inoculated into 100 mL of prewarmed medium at an absorbance at 600 nm (A_{600}) of 0.01, incubated at 37 °C, and aerated at 225 rpm, with a flask-to-medium ratio of 10:1.

Microplate Antimicrobial Susceptibility Assay

The 2 h precultures were prepared in TSB-DEX, as described. Daptomycin, which requires $CaCl_2$ for activity, was serially diluted into a 96-well plate prior to inoculation. The precultures were diluted to produce a final inoculum of 1–5 \times 10⁵ CFU/mL containing TSB-DEX supplemented with 3.33 mM glucose and 1.25 mM $CaCl_2$ or TSB-DEX supplemented with 55% serum and 1.25 mM $CaCl_2$. The plates were incubated at 37 °C for 18 h. After incubation, the cultures were mixed, diluted 1:10 in new 96-well plates containing ultrapure water, and the optical density at 595 nm was recorded using a plate reader. The growth for eight biological replicates per strain with eight technical replicates per plate were averaged.

Metabolome Extraction

Bacteria (30 A_{600} units) were harvested at 6 h postinoculation by centrifugation for 5 min at 5000 rpm (4272.5g) and 0 °C. The supernatant was removed and stored at -80 °C, and the cell pellet was quenched in liquid nitrogen. After quenching, the bacteria were maintained on ice and suspended in chilled 18.2 M Ω resistance water to a final cell density of 20 A_{600} units/mL. A 1 mL aliquot of the cell suspension was transferred to a lysing matrix B tube and lysed for 30 s at a setting of 6 m/s in a FastPrep 24 (MP Biomedical). The cell lysate was centrifuged for 5 min at 13 200 rpm (16 168g) and 0

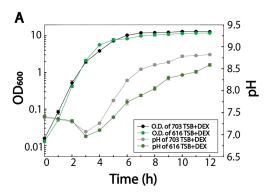
°C. The supernatant was transferred into a microcentrifuge tube. A second aliquot of chilled 18.2 M Ω resistance water was added to the cell lysate in the lysing matrix B tube, lysed a second time, and centrifuged. The two supernatants were pooled for a final volume of 1.5 mL. The cell-free lysates were then frozen in liquid nitrogen, lyophilized, and stored in a -80 °C freezer until analyzed. Similarly, 1 mL of each supernatant was lyophilized, and then stored in -80 °C.

NMR Sample Preparation and Data Collection

Each lyophilized cell-free lysate or culture supernatant was reconstituted with 575 μ L of 50 mM phosphate buffer at pH 7.2 (uncorrected) in D_2O with 50 μ M of TMSP as a chemical shift reference. The samples were centrifuged for 20 min at 13 200 rpm (16 168g) and 0 °C to remove any remaining cell debris or protein. The samples were transferred to 5 mm or 3 mm NMR tubes for data analysis. The 1D ¹H and 2D ¹H-¹³C HSQC NMR spectra were collected at 298 K on a Bruker AVANCE III-HD 700 MHz spectrometer equipped with a 5 mm quadruple resonance QCI-P cryoprobe (¹H, ¹³C, ¹⁵N, and ³¹P) with z-axis gradients. A SampleJet automatic sample changer, an auto tune and match (ATM) system, and Bruker ICON-NMR software were used to automate the NMR data collection. The 1D ¹H NMR spectra were collected with 32 000 data points, 128 scans, 16 dummy scans, a relaxation delay of 1.5 s, an acquisition time of 1.468 s, and a spectral width of 8417 or 11 160 Hz. An excitation sculpting pulse was used to suppress the residual water resonance. Nonuniform sampling (NUS) at a 25% sparsity with our deterministic schedular 14 was used to decrease the running time of the 2D ¹H-¹³C HSQC NMR spectra. The 2D ¹H-¹³C HSQC NMR spectra were acquired with the Bruker hsqcetgpsisp2 pulse sequence, 32 scans, 16 dummy scans, a 1.5 s relaxation delay, GARP 13 C-decoupling (65 μ s 90° pulse), 2000 data points with a spectral width of 11 160 Hz in the direct dimension, and 1000 data points with a spectral width of 29 059 Hz in the indirect dimension. A 1.5 s relaxation delay was chosen to approximate an optimal recycle delay $(1.3 \times T_1)$ for a complex mixture considering ${}^{1}H$ T_{1} values for small molecules are usually less than 1 s. Also, full relaxation recovery was unnecessary since only relative (not absolute) changes in metabolite concentrations were measured between two culture conditions. In this regard, incomplete peak recovery is an irrelevant constant across multiple identical experiments that would simply cancel out in a fold-change measurement.

NMR Data Processing and Analysis

The 1D ¹H NMR spectra were processed and analyzed with our MVAPACK software suite (http://bionmr.unl.edu/ mvapack.php). 15 The 1D 1H NMR spectra were processed using one zero-fill, 1.0 Hz exponential apodization function, which was Fourier transformed and automatically phased.¹⁶ The processed 1D ¹H NMR spectra were then normalized with standard normal variate (SNV) normalization, aligned with Icoshift, 17 and referenced to TMSP at 0 ppm. The noise regions and residual water signal from 4.6 to 4.8 ppm were automatically removed from the spectra. The spectra were binned using adaptive intelligent binning¹⁸ and scaled using unit variance (UV) scaling. The resulting data matrix was then used to create a principal component analysis (PCA) and an orthogonal projection to latent structure discriminant analysis (OPLS-DA) model. CV-ANOVA¹⁹ was used to validate the OPLS-DA model. Chenomx NMR suite 8.3 (Chenomx Inc.)



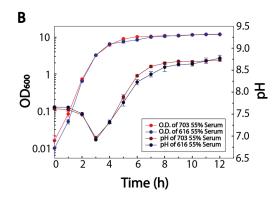


Figure 1. Growth analyses for *S. aureus* strains 616 and 703 cultivated in (A) TSB+DEX or (B) 55% serum. The mean of biological triplicates is plotted with error bars corresponding to the standard deviation. The statistical difference in the growth conditions were assessed by two-way ANOVA.

was used to assign the metabolites from the peaks in the back-scaled loadings plots.

The 2D ¹H–¹³C HSQC NMR spectra were processed and analyzed using NMRpipe²⁰ and NMRViewJ.²¹ The peaks identified in the spectra were assigned using the Human Metabolomics Database (HMDB) (http://www.hmdb.ca/) by matching reference metabolite chemical shifts to the experimental spectra using a peak-error tolerance of 0.08 and 0.25 ppm for ¹H and ¹³C, respectively.²² A probabilistic quotient (PQ) normalization was used to normalize the relative metabolite intensities in the spectra. BioCyc (https://biocyc.org)²³ and KEGG (https://www.kegg.jp)²⁴ were used to identify the *S. aureus* metabolic pathways associated with the metabolite alterations.

Determination of Glucose Concentrations in Media

Cell culture media were harvested hourly (1 mL) by centrifugation at 13 200 rpm (16 168g) for 5 min at 4 °C. The cell-free media were transferred to 1.5 mL microcentrifuge tubes, flash frozen in liquid nitrogen, and stored at -20 °C until use. Glucose concentrations were determined from three independent cell cultures with a glucose kit (#10716251035) purchased from R-Biopharm.

Statistical Analysis

The statistical significance difference between the growth curves and pH curves and the microplate antimicrobial susceptibility assay data were assessed by using a two-way ANOVA.²⁵ The statistical significance between relative metabolite concentration changes in the 2D ¹H–¹³C HSQC was evaluated using a pairwise Student's *t*-test. A false discovery rate for multiple hypothesis testing was addressed using the Benjamini–Hochberg procedure.²⁶ Metabolite concentration changes were determined to be statistically significant with a corrected *p*-value < 0.05. MetaboAnalyst (https://www.metaboanalyst.ca) was used to create a heatmap with hierarchical clustering of the 2D ¹H–¹³C HSQC NMR peak intensities.²⁷

■ RESULTS AND DISCUSSION

Bacterial Cultivation in Medium Containing Serum

Whole blood is composed of \sim 55% plasma, while serum is plasma that is devoid of fibrinogen. Plasma requires the presence of anticoagulants such as citrate or heparin to prevent clotting, which are adulterants that can alter bacterial growth. For this reason, human serum was preferred over plasma for

cultivation experiments. In addition, a concentration of 55% was used during cultivation experiments to approximate the percentage found in whole blood. The choice of S. aureus strains 703 and 616 was driven by the connection between serum and antibiotic resistance and recent work on the metabolic profiling of daptomycin nonsusceptible S. aureus.^{28,29} Cultivation of S. aureus strains 703 and 616 in tryptic soy broth confirmed the presence of a modest, statistically significant postexponential growth phase difference between the strains, as reported (Figure 1A).²⁸ The pH profiles of the culture supernatants reflected this modest growth difference (Figure 1B) and indicated that postexponential growth phase acid extraction and base accumulation, from amino acid deamination, were altered. Interestingly, the modest growth and pH differences diminished and were no longer statistically significant with the addition of 55% serum to the cultivation medium (Figure 1B). Most importantly, these data demonstrated that cultivation with serum did not induce any artificial growth defects that would impair the metabolomics analysis.

While *S. aureus* grew normally in TSB medium containing 55% serum (Figure 1), serum can alter susceptibility to antibiotics. The transition of a bacterium from an antibiotic susceptible state to a nonsusceptible state correlates with changes in bacterial metabolism. To assess if cultivation in 55% serum similarly altered *S. aureus* nonsusceptibility to daptomycin, the susceptibility of strains 703 and 616 to daptomycin was determined in bacteria cultivated in TSB medium containing 55% serum. As expected, serum decreased the susceptibility of *S. aureus* strains 703 and 616 to daptomycin (Figure 2). These data demonstrated that *S. aureus* strains 703 and 616 had susceptibility phenotypes consistent with previous observations of bacteria cultivated with human serum, making these strains appropriate for further metabolomics analysis.

Serum Alters the Bacterial Metabolome

To determine if serum induces metabolic changes in *S. aureus*, strains 703 and 616 were cultivated for 6 h in TSB minus dextrose supplemented with either 55% serum or 3.33 mM glucose (this glucose concentration normalizes the glucose level to that found in human serum), the metabolomes were harvested, and the samples were analyzed by 1D ¹H NMR. Representative 1D ¹H NMR spectra for strains 703 and 616 cultured in TSB supplemented with 55% serum or 3.33 mM glucose are shown in Figure S1. PCA of the NMR data sets from strains 703 and 616 confirmed modest metabolomic

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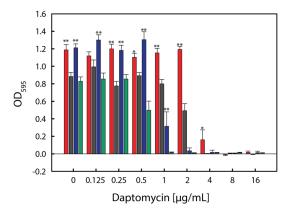


Figure 2. Daptomycin susceptibility of *S. aureus* strains 616 and 703 cultivated in TSB+DEX (green and black) or 55% serum (blue and red). The data represent the average and standard deviation for eight biological replicates per strain with eight technical replicates per plate. The p-values were calculated using a two-way ANOVA. Statistical significance is indicated by **p < 0.001, *p < 0.05.

differences due to daptomycin susceptibility status (Figure 3A,B).³¹ In contrast, the presence of serum in the cultivation medium created a significant divergence between the metabolomes, irrespective of daptomycin susceptibility status (Figure 3A,B). Taken together, these data suggest that bacterial growth is similar in medium containing 55% human serum (Figure 1), although marked metabolic differences occur because of the presence of serum (Figure 3).

S. aureus Metabolic Alterations in Human Serum

PCA of 1D 1 H NMR spectra demonstrated that cultivation of *S. aureus* in 55% serum significantly altered metabolism. To determine which metabolic pathways were most affected by cultivation with serum, 2D 1 H-1 3 C HSQC spectra were acquired for *S. aureus* strains 616 and 703 cultivated for 6 h in 55% serum or TSB supplemented with an additional equivalent concentration of 13 C $_6$ -glucose in the medium, and the metabolic differences were identified (i.e., stable isotope-

resolved metabolomics, SIRM).³² Importantly, only metabolites derived from 13C6-glucose were detected in the 2D ¹H-¹³C HSQC spectra, which tends to provide the broadest coverage (most detected metabolites) of the metabolome. It is also important to note that only a single end point was measured to maximize the distribution of the 13C-label throughout the metabolome. Representative 2D ¹H-¹³C HSQC spectra for strains 703 and 616 cultured in TSB supplemented with 55% serum or 3.33 mM glucose are shown in Figure S2. Like the 1D ¹H NMR PCA model (Figure 3), there were modest differences between strains 616 and 703 when comparing metabolomes isolated from bacteria cultivated in the same medium (Figure 4). In contrast, when comparing metabolomes isolated from bacteria cultivated in TSB with 55% serum versus TSB with 3.3 mM ¹³C₆ glucose, dramatic differences were observed (Figure 4). Most notably altered during cultivation with serum were the concentrations of amino acids. Interestingly, the concentrations of branched chain amino acids (i.e., valine, isoleucine, and leucine) were lower in S. aureus strains cultivated in 55% serum relative to the concentrations of those cultivated in TSB. This is interesting because the activity of the bacterial metaboliteresponsive regulator CodY is regulated by branched chain amino acids and GTP, 33,34 raising the possibility that CodY regulatory activity increases in the host environment. This possibility is supported by the observation that genetic inactivation of CodY in S. aureus significantly attenuated virulence in a murine bacteremia model.³⁵ The decrease in branched chain amino acids is consistent with the increase in threonine accumulation during serum cultivation because threonine is the primary source of 2-oxo-butyrate used in branched chain amino acid biosynthesis. While cultivation in serum usually resulted in similar metabolic changes between strains 616 and 703, the oxaloacetate-derived amino acids aspartate and asparagine were significantly lower in strain 703 than strain 616. This result was consistent with a decrease in TCA cycle activity observed with daptomycin nonsusceptible strains relative to daptomycin susceptible strains.³¹ Overall,

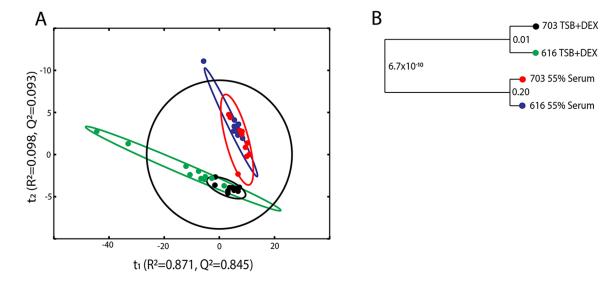


Figure 3. Statistical analysis of 1D 1 H NMR data set obtained from *S. aureus* strains 616 and 703 in the presence and absence of 55% serum. (A) PCA scores plot comparing the metabolomes from *S. aureus* strains 616 and 703 in TSB+DEX (green, black) and in 55% serum (blue, red). The R^{2} and Q^{2} are 0.981 and 0.938, respectively. (B) A dendrogram generated from the PCA model in A where each node is labeled with a *p*-value. The ellipses in the PCA scores plot represent the 95% confidence limit of the normal distribution for each group.

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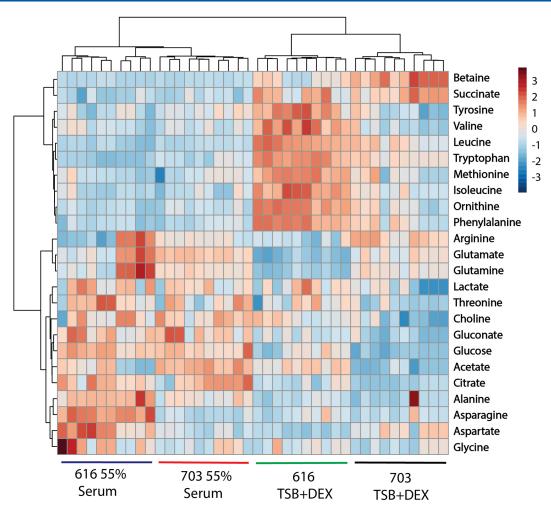


Figure 4. Heatmap and hierarchal clustering highlighting the metabolic alterations of *S. aureus* strains 616 and 703 due to the presence of 55% serum. The heat map plots normalized peak intensities from the 2D $^{1}H-^{13}C$ HSQC spectra. Each row displays the relative metabolite abundance for each replicate from the four groups, where red identifies a relative increase and blue indicates a relative decrease in the metabolite. Note all replicates per group cluster together.

cultivation of *S. aureus* in medium containing 55% serum strongly affected amino acid levels.

The presence of serum in the medium also altered the catabolic fate of pyruvate, leading to a general increase in the fermentation products lactic acid and/or acetic acid relative to S. aureus cultivated without serum (Figures 4 and 5). Because the cultures were highly aerated, the increase in fermentation metabolites was unlikely linked to the availability of oxygen. The increase in fermentation metabolites could be related to the bacterial iron-sparing response³⁶ caused by the presence of transferrin in serum; however, this was unlikely the cause as serum cultivation leads to a general increase in glutamate and glutamine levels. Glutamate and glutamine are synthesized from the TCA cycle intermediate α -ketoglutarate, a process involving the iron-requiring enzyme aconitase. Alternatively, glutamate is generated during proline degradation,³⁷ but no differences in proline levels were noted between bacteria cultivated with serum and those without serum. Taken together, there is an absence of an obvious metabolic rationale for the increase in fermentation, suggesting the cause is regulatory. Altered fermentation would be consistent with a change in CodY regulatory activity.³⁸

Cultivation in serum significantly decreased the accumulation of glycine betaine in both *S. aureus* strains 616 and 703

relative to bacteria cultivated in the absence of 55% serum (Figures 4 and 5). Glycine betaine is an osmoprotectant whose synthesis from choline is regulated in response to the salt concentration of the medium. While choline is also an osmoprotectant, it is not as effective as glycine betaine. Importantly, the conversion of choline into glycine betaine via a betaine aldehyde intermediate requires oxidized NAD⁺ or quinone. The elevated level of choline in strains 616 and 703 during cultivation with serum suggests the availability of electron acceptors may be limited, which would be consistent with a CodY-directed increase in fermentation.

CONCLUSION

Pathogenic bacteria are routinely cultivated in media that are optimized or standardized to enhance a desirable outcome (e.g., high biomass, elaboration of virulence determinants), to facilitate diagnostic tests (e.g., antibiotic susceptibility), or "simulate" host conditions. These media manipulations all provide useful data, but they also generate physiologically and metabolically diverse bacterial states. One such metabolic state was found in *S. aureus* cultivated with 55% human serum. The presence of serum dramatically altered amino acid biosynthesis and catabolism, enhanced fermentation, and modified a

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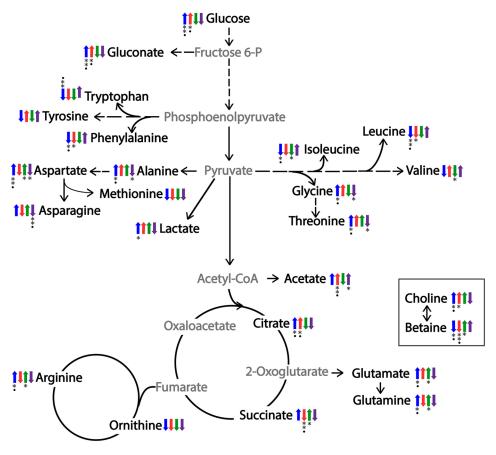


Figure 5. Summary of the metabolic differences between *S. aureus* strains 616 and 703 in the presence or absence of 55% serum. An up-arrow represents an increase in peak intensities in the 2D 1 H− 13 C HSQC NMR spectra, while a down-arrow represents a decrease in peak intensities. The blue arrow represents strain 616 grown with 55% serum relative to TSB+DEX. The red arrow represents strain 703 grown in 55% serum relative to TSB+DEX. The green arrow compares strain 703 to strain 616 grown in TSB with 3.3 mM glucose. The purple arrow compares strain 703 to strain 616 grown in 55% serum. Intermediate metabolites not observed in the NMR spectra are colored gray. Statistical significance using Student's *t*-test is indicated by *p < 0.05 and **p < 0.001 and Benjamini−Hochberg corrected p-values are indicated by •p < 0.05.

response to salt tolerance. Specifically, significant decreases in glycine betaine, isoleucine, leucine, and valine, and an increase in acetic acid, glutamate, glutamine, lactic acid, and threonine were due to the presence of serum in the culture media. This serum-induced metabolic difference was generally consistent between the two *S. aureus* strains, except for a relative decrease in TCA cycle activity for the daptomycin nonsusceptible strain. Notably, both daptomycin susceptible and nonsusceptible *S. aureus* strains exhibited a statistically significant decrease in their susceptibility to daptomycin when serum was added to the culture medium. Metabolism influences every aspect of the bacterial life cycle; hence, understanding how serum alters metabolism is critical to understanding how variations in cultivation conditions or the host's environment affects antibiotic resistance, virulence, and survival.

Microbiologists routinely use cell-based assays to investigate fundamental questions concerning cellular processes of bacteria, disease pathology and virulence, and antibiotic susceptibility and resistance. These types of assays are also part of a drug discovery effort that commonly includes the application of high-through-put screens (HTS). The success of these endeavors are affected by the choice of cultivation media, as the media alters metabolism, growth, and antibiotic susceptibility. Since the culture media routinely employed in cell-based assays differ substantially from the host environment, an improper choice of culture media may negatively

affect the validity, reproducibility, and relevance of a study. One scientific pursuit in which this issue is readily apparent is in the discovery of new antibiotics, which has had limited success over the past few decades. 40 While there are a number of factors that have contributed to this poor performance, HTS is commonly cited as a major concern. 41 Notably, the analysis of HTS assays to identify factors correlated with success found no difference between target-based (in vitro) and cell-based (in vivo) assays, 42 strongly suggesting that these cell-based assays were equivalent to in vitro assays in being poor mimics of physiological conditions, which is likely a contributing factor to the low drug discovery success rate. Accordingly, under certain circumstances, investigators may want to adopt media containing serum to better mimic a host environment in both cell-based and HTS assays to improve scientific relevance and to increase the likelihood of successful outcomes.

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acs.jproteome.2c00073.

Figure S1, representative 1D ¹H NMR spectra; Figure S2, representative 2D ¹H-¹³C HSQC NMR spectra (PDF)

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Author Contributions

A.A.P., J.M.R., M.M., and S.G.G. performed the experiments and contributed to the data analysis. G.A.S. and R.P. conceived the project, analyzed the data, and wrote and edited the manuscript.

Notes

The authors declare no competing financial interest.

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